



## **Activate and Accelerate 30**

- Your strategy and navigation session

This is a power session using our consistently tried and tested formula in super speed to help you hone in on exactly your priority solution to get to your ultimate result. Find out exactly where your energy and nervous system hold stress, subconscious blocks that are your blind spots to success personally or professionally. This is a power packed session identifying that which your brain and body need for awareness to make the shift.

- Weekly 1:1 sessions in person or on Skype with first class kinesiologist

Make the shift with our expert kinesiologists who are not shy to dive deep down into your stuff. Don't hold back and shift anything from energy, body image, relationship issues, business stagnation, heart blocks, sexual blocks, money blocks, wellness blocks and more. When you commit to you and say yes to this program, watch how all forces pull into for co-creating what you want in life. The best thing is it is not about the opinion of your kinesiologist or coach, its all about listening to your body and recognising what your brain and nervous system needs for total wellness, vitality and fulfilment.

- "Top 5 Mistakes People Make When Trying To Heal" eBook

Written by Anikiko this book uncovers the top 5 blind spots people have on the journey to health and wellness. Having experienced health issues most of her life, she became an expert at finding solutions and also discovering what does not work.

Working through the challenges and opportunities this book explores will help you get out of your own way fast. It is also the foundation of many of the frameworks used in the therapeutic and coaching space Sydney kinesiology offer and that Anikiko offers her 1:1 clients.

- "Upgrade, Uplift & Upscale Health and Wealth" Audiobook

Audio Program: Upgrade, Uplift and Upscale is a transformational in-depth process to guide you through blocks in wealth and health and to upgrade any parts of you that are outdated in your reactions to and stress around wealth and health.

Wealth and health have a very close relationship and its not a case of one predicting the betterment or downfall of the other. It is more a case that there is a high correlation. This program focus' first on your relationship with abundance for as you upgrade, uplift and upscale benefits and transformation in this area you will no doubt find a massive improvement in your health.

Likewise, if you were to apply the same tools in this process and swap the conversation out from wealth to health, you can enjoy the benefits and transformation in that area.

Sometimes the problems and challenges we experience seem insurmountable so I recommend starting the process in one area at least and observing the changes and you may be pleasantly surprised to see benefits arise in the other areas also.

- 1 x Music Nutrition Sounds Of Transformation CD of 15, 30 and 70 min durations.

Anikiko's Music Nutrition healing music uses Ancient Power of Solfeggio Frequencies and Tuning Forks where Each tone is comprised of a frequency required to balance your energy, encourage deep healing and keep your body, mind and spirit in perfect harmony. She created the soundscapes using biorhythms, the power of her voice and multiple healing frequencies to raise vibration.

With the combination of colour, music scales, vowel sounds, we are able to relate them to intended emotions and energy centres for that specific scale so that focus and creativity are increased and achieve our best mindset quality.

As you hear the sounds and your body receives the vibrations, your own vibration will resonate and so to speak, calibrate. The sounds in Music Nutrition produce a resonance whereby your body literally gets on that same beneficial wavelength and dissolves the blockages in your energy field that are caused by thoughts, emotions, environments, food, trauma and pain in the body.

#### **Sounds Of Transformation**

***I am the healing embodiment of heartfelt transformation I am***

**Letting In: gland transformation, healing cell communication, compassion, heartfelt communication, move sadness from heart, transition, growth, flexibility, healthy boundaries.**

**Letting Go: frustration, disappointment, chest pain, blocked communication, stubbornness, perfection, judgement, right/wrong, injustice, unfairness, conflict, dissolve differences, rigidity.**

- Up to 4 calls and all access to our Evolve and Enliven Backstage Members Area where you have access to more transformational audios.

As this is a power packed program you have up to 4 extra calls to talk about anything you need with your kinesiologist! Sometimes changes happen so fast it's great to be able to touch base a little more often to check in. You also get a FREE pass into our backstage member area where you will have access to many more Evolve and Enliven transformational audio programs.

- Plus, FREE access to our Private Evolve and Enliven Leaders Group

You have 30 days access to a powerful online mentor private closed group run by Anikiko. Her experience is helping high level entrepreneurs be more of who they want to be living life on their own terms. Using the power of “network kinesiology” Anikiko delivers bimonthly sessions in Facebook live to help shift anyone aspiring to live life on their own terms, have their voice and message heard, be a leader or who is leader and wanting to go to the next level. What would your next level be in business, vitality, relationships or wealth? This powerful community is where it is at for anyone wanting to keep uplifting and upshifting!

Anikiko is a full-time mother, works 2 days a week with incredible soul driven, change maker clients and live streams to her community. If you want help to get your 6-figure lifestyle business happening and on way to a 7-figure business, then these groups are a must.

Remember your truth, your voice, your vision..... we need it now!

### **Terms and Conditions of Service**

Inside your InnerOrigin Package you have many inclusions outside of your one-on-one time which you can work through at your own pace. Please use your weekly hour sessions effectively and you also have access to a short follow up call should you have any challenges. It is up to you to ask for or to set up that call.

Our service will end 4 weeks / 30 Days after commencement.

#### **Cancellation:**

If you have booked an appointment or block of appointments and need to cancel, there is no charge as long as it is within a 48 hour period. For cancellations made within 48 business hours (Monday to Saturday), or phone/skype no shows, we deduct that time from your package. This is not personal, just be prepared to pay that. Emergencies are the exception such as hospitalisation or flights being delayed.

#### **Return Policy:**

You may ask for a return or refund within the first 10 days of your package if you feel that it does not work for you. We expect that you will know if you feel comfortable with your practitioner and if not you may ask to work with another one for the rest of the program. We do not refund after a customer has used up all sessions and package inclusions as this is a service based product if you are not happy with the service within you first 10 days we are happy to cease and return payment.

We cannot wait to work with you!